S.E.O.A.L. 2012

Race Date: Saturday, October 13, 2012

Your team is invited to participate in the S.E.O.A.L Cross Country Championship Meet. The meet will be held on Saturday, October 13, 2012 at Logan High School.

Logan High School is located on St. Rt. 328, in Logan, Ohio

Online Entries: http://www.baumspage.com

Event Name: SEOAL Championship Meet

Entry Window: Opens at 8:00am on Monday, September 24, 2012.

Closes at 5:00pm on Friday, October 5, 2012

Awards:

High School Individuals: Top 9 - All League Plaques

Middle School Individuals: Top 6- Medals

Course: The Course is located at Logan High School. The start and finish of the race will be next to

Logan Chieftain Stadium. Course maps will be provided.

Team Camps: Along the Stadium Fence/Shot & Disc area only! **Restrooms:** Available at the East End of the Football Stadium.

Parking: Free Spectator parking is available at Logan High School, in front of Logan Chieftain Stadium.

Event Schedule: Rolling Time Schedule

8:30am Walk the Course 10:00am Junior High Boys Junior High Girls

High School Boys
High School Girls

Team Award Presentation

Questions: Logan High School, Athletic Director, Ron Janey: (740) 385-2069 ext.4

Coach Kelly Helber: <u>khelber@lhsd.k12.oh.us</u>
Coach Christen Sevcik: <u>csevcik@lhsd.k12.oh.us</u>